



### Spring & Fall Packing List

<b>Required Items</b>			
Recommended Quantity	Item	Quantity TO CAMP	Quantity FROM CAMP
1	Sleeping Bag		
1	Rain jacket (with hood) & rain pants *		
1	Hat (With a wide brim, if possible)		
1	Water bottle		
1	Sunscreen (SPF 30 or higher is recommended)		
3	Face masks		

<b>Clothing &amp; Footwear</b>			
Recommended Quantity	Item	Quantity TO CAMP	Quantity FROM CAMP
3	T-shirts		
4-5	pairs socks (some wool, if possible)		
4	underwear		
2	Sweaters/Sweatshirts/Fleeces		
2	Jeans/ Trousers/ Sweatpants (at least one pair not jeans)		
1	Short (Optional)		
1	Swimsuit		
1	Pyjamas		
1	Running Shoes (closed toes),		
1	Sandal		
1	Rain Boots (Optional)		

<b>Bath &amp; Bedding</b>			
Recommended Quantity	Item	Quantity TO CAMP	Quantity FROM CAMP
1	Pillow		
1	Blanket		
1	Twin size fitted sheet (Optional)		
1	Towel		
1	Toiletry Kit (shampoo, soap, toothpaste & toothbrush, etc.)		

<b>General Items</b>			
Recommended Quantity	Item	Quantity TO CAMP	Quantity FROM CAMP
1	Flashlight (Don't forget extra batteries)		
1	Backpack/Day Pack		